

WHEN LOSING WEIGHT CLICKED FOR ME

"When I could plan a successful day every morning using my *PointsPlus*® Tracker. And if something popped up later, I could make changes right there on my phone to stay on track." – Jessica, lost 44 lbs*



WEIGHT WATCHERS ONLINE** IS HERE

- Follow the plan at your own pace anytime, anywhere
- Tailored sites that serve the unique needs of men and women
- Interactive tools to help you manage food choices and activities
- Automatically renews each month

*People following the Weight Watchers plan can expect to lose 1-2 pounds per week. Jessica lost weight on a prior program and continues on *PointsPlus*.®

 **WeightWatchers® Online**
Finally, losing weight clicks®

Learn more and subscribe to Weight Watchers Online.

Visit the DelaWELL Health Portal at <https://delawell.alerehealth.com>. Once logged in, click on the "Weight Watchers" links.

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**You will be automatically charged each month for your Weight Watchers Online subscription in accordance with your company's pricing until you cancel.
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